



E • N • C • O • R • E

COURSE INDEX FALL 2019

E.N.C.O.R.E Educational Club for Seniors Inc. / Club Éducatif de Retraités E.N.C.O.R.E. Inc.

		START DATE	TIME	PAGE	
MONDAYS Make Use of Mobile Device Perrin Sep 9 am 7 Montreal Theatre Davidson Sep 16 am 7 Africa: History & Cultures Charet Sep 9 pm 1 Yoga Okada Sep 9 pm 1 Line Dancing Kwok Choon Sep 9 pm 6					<p>E.N.C.O.R.E. (an acronym for Encountering the Challenges of Retirement) took form in the mid 1970's through the inspiration of Sylvia McDonald, C.N.D., of Marianopolis College. Granted a Charter by the Federal Government in 1992, our official name is now <i>E.N.C.O.R.E. Educational Club for Seniors Inc. / Club Éducatif de Retraités E.N.C.O.R.E. Inc.</i></p> <p>OUR ADDRESS: 1857 de Maisonneuve West, #305 Montreal, Qc H3H 1J9 (Corner St Marc Street)</p> <p>TRANSPORTATION: <u>GUY/CONCORDIA METRO:</u> St. Mathieu Street exit, walk one block west <u>BUSES:</u> # 15, 24, 57, 66, 165, 166</p> <p>OUR WEB-SITE: www.encoreseniors.com</p> <p>For information on the Program, Registration or to request a printed copy of the Program, please contact us by leaving a message at:</p> <p style="text-align: center;">(514) 543-0629 or infoencore9@gmail.com</p> <p><u>E-Mail:</u> All members who have provided an e-mail address, will receive the complete program by e-mail. (You may also locate the complete program on our web-site: www.encoreseniors.com.)</p> <p style="text-align: center;">WE WELCOME NEW MEMBERS</p>
TUESDAYS Bits & Pieces of Canadian History Stenson Sep 10 am 1 Bridge Social Plus Horne Sep 10 am 2 Bridge - Supervised Starosta Sep 10 pm 2 Tai-Chi Young Sep 10 pm 10 More Bits & Pieces Cdn History Stenson Oct 22 am 9					
WEDNESDAYS Roaring Twenties/Great Gatsby Wall Sep 11 am 9 Tai-Chi Young Sep 11 am 10 Yoga Okada Sep 11 am 11 Acrylic Painting Cayer Sep 11 pm 1 Culture... Bali, India, Maori Choudhury Sep 11 pm 5 Louis Armstrong, E. Fitzgerald Wall Oct 23 am 7					
THURSDAYS Montreal Tours (various guides) Sep 12 am 8 Bridge Beginners I, II Horne Sep 12 am 2 Wholebody Focusing Manessy Sep 12 am 11 Broads of Old Broadway Jones Sep 12 pm 3 Having Fun Cooking for 1 (or 2) Hill Sep 12 pm 6 Transformations of Mid-Century Cameron Sep 12 pm 10 Cdn Criminal Justice System Barwick-Wall Oct 24 am 3 Evolving Myths & History Cameron Oct 24 pm 6					
FRIDAY Coloured Pencil Drawing Hall-Habeeb Sep 13 am 4 ELFI Walking Group Thornley-Brown Sep 13 am 5 Unsung Heroes Rock'n'Roll Wall Sep 13 am 11 Ciné Club Martel Sep 13 pm 3 Documentary Film Angelico Sep 13 pm 5 Drawing with Ink Hall-Habeeb Oct 25 am 5 Singer-Songwriters 60's & 70's Wall Oct 25 am 10					