



E • N • C • O • R • E

encountering the challenges of retirement

E.N.C.O.R.E. Educational Club for Seniors Inc. / Club Éducatif de Retraités E.N.C.O.R.E. Inc.



COURSE INDEX SPRING 2019

	START DATE	TIME	PAGE
MONDAYS			
20 th C. Classical Music <i>Wall</i>	Mar 4	am	10
Second Weird & Wonderful <i>Stenson</i>	Mar 4	pm	10
Yoga <i>Okada</i>	Mar 4	pm	11
Line Dancing <i>Kwok Choon</i>	Mar 4	pm	7
Montreal Theatre <i>Davidson</i>	Mar 11	am	8
AI 2: Deep Learning <i>Charet</i>	Apr 15	pm	1
Contemporary Issues in Shakespeare <i>Wall</i>	Apr 15	am	4
TUESDAYS			
Bridge Social Plus <i>Tedstone</i>	Mar 5	am	2
Gadgets & Gizmos <i>Perrin</i>	Mar 5	am	5
Bridge - Supervised <i>Starosta</i>	Mar 5	pm	2
Tai-Chi <i>Young</i>	Mar 5	pm	11
Introduction to Astronomy <i>Stenson</i>	Apr 16	am	7
WEDNESDAYS			
Creative Writing <i>Cohen</i>	Mar 6	am	4
Tai-Chi <i>Young</i>	Mar 6	am	11
Yoga <i>Okada</i>	Mar 6	pm	11
Acrylic Painting <i>Cayer</i>	Mar 6	pm	1
India: Art, Aesthetics, Culture <i>Choudhury</i>	Mar 13	pm	6
Montreal Tours <i>Various</i>	Apr 17	am	9
THURSDAYS			
Bridge Defense & Offence <i>Horne</i>	Mar 7	am	2
History of the Caribbean <i>Berry</i>	Mar 7	am	6
Great Choreographers <i>Jones</i>	Mar 7	pm	5
Inside Stories of WWII <i>Cameron</i>	Mar 7	pm	7
Inside Stories from Cold War <i>Cameron</i>	Apr 18	pm	6
FRIDAY			
Amazing Motown Records <i>Wall</i>	Mar 8	am	1
Chinese Brush Painting <i>Hall-Habeeb</i>	Mar 8	am	4
Ciné Club <i>Martel</i>	Mar 8	pm	3-4
Documentary Film <i>Angelico</i>	Mar 8	pm	5
Elfi Memorial Walking Group <i>Thornley-Brown</i>	Apr 26	am	5
Mississippi Blues <i>Wall</i>	Apr 26	am	8
Oil Painting - Landscapes <i>Hall-Habeeb</i>	Apr 26	am	10

E.N.C.O.R.E. (an acronym for Encountering the Challenges of Retirement) took form in the mid 1970's through the inspiration of Sylvia McDonald, C.N.D., of Marianopolis College. Granted a Charter by the Federal Government in 1992, our official name is now *E.N.C.O.R.E. Educational Club for Seniors Inc. / Club Éducatif de Retraités E.N.C.O.R.E. Inc.*

OUR ADDRESS:

1857 de Maisonneuve West, #110
Montreal, Qc H3H 1J9
(Corner St Marc Street)

TRANSPORTATION:

GUY/CONCORDIA METRO:

St. Mathieu Street exit, walk one block west

BUSES: # 15, 24, 57, 66, 165, 166

OUR WEB-SITE: www.encoreseniors.com

For information on the Program, Registration or to request a copy of the Program, please contact us at:

(514) 543-0629

or

infoencore9@gmail.com

For members who have provided their email addresses, a complete program will be sent by email.

Please note that the E.N.C.O.R.E. website is currently undergoing a makeover and will not contain the current programs until the new version is implemented. We thank you for your understanding and apologize for any inconvenience.

WE WELCOME NEW MEMBERS