



ACRYLIC PAINTING

Instructor: Claire Cayer *Tel:* (514) 932-2796 clairecayer@hotmail.com

<u>Session I</u>	Wednesdays	Sep 12, 19, 26, Oct 3, 10, 17	Class I	1:00 - 3:00	\$48.00
			Class II	3:15 - 5:15	\$48.00
<u>Session II</u>	Wednesdays	Oct 24, 31, Nov 7, 14, 21, 28	Class I	1:00 - 3:00	\$48.00
			Class II	3:15 - 5:15	\$48.00

Discover your inner Monet or Picasso! Both experienced and novice painters can enjoy these classes. **Supplies needed:** mounted canvas (any size), 4 or 5 various sized bristle brushes for acrylics; tubes of acrylic paint: titanium white, cadmium yellow, cobalt blue, cadmium red, sap green, burnt sienna, burnt umber, plus a plastic tablecloth. [There is a cabinet to store supplies on the 5th floor.]

Maximum 15 members (Suite 500)



**ARTIFICIAL INTELLIGENCE REVOLUTION (THE):
WILL MACHINES THINK AND DREAM?**

Lecturer: Francis X. Charet *Tel:* (514) 273-8177 aioncntr@total.net

<u>Session I</u>	Mondays	Sep 10, 17, 24, Oct 1, 15, 22 (No course on October 8 – Thanksgiving)	1:00 - 3:00	\$48.00
<u>Session II</u>	Mondays	Oct 29, Nov 5, 12, 19, 26, Dec 3	1:00 - 3:00	\$48.00

The emergence of Artificial Intelligence and its technological applications raises some fundamental, intriguing and troubling questions. We are now entering a stage of modern technology that moves beyond machines that can correlate massive amounts of information, do complex tasks faster and with more precision that surpasses human capacity. Machines are being programed to replicate human neural networks that allow them to correlate information, analyze data, and make judgments on a scale and in a way, that seemingly demonstrates independent capabilities. Artificial intelligence is transforming modern medicine, manufacturing, and even education. Will it be put to destructive ends as Stephen Hawking, Bill Gates and Elon Musk have warned? Will machines eventually attain consciousness as we know it? Will machines think? Will they dream?

Maximum 30 members (Suite 110)



BOOK REVIEW

Lecturer: John Felvinci *Tel:* (514) 369-2123 jfelvinci@sympatico.ca

<u>Session I</u>	Wednesdays	Sep 12, 19, 26, Oct 3, 10, 17	10:00 - 12:00	\$48.00
<u>Session II</u>	Wednesdays	Oct 24, 31, Nov 7, 14, 28, Dec 5	10:00 - 12:00	\$48.00

During each class, the lecturer will review one of the following books in detail and provide commentary on its background and the author. The books themselves include biographies, fiction and mystery stories, all released within the last 15 years. (The books are all available at Amazon, some at Indigo or at the library. You do not have to have read the book to appreciate the review and commentary.)

Session I:	Simon Montefiore: <i>Sachenka</i> Peter Robinson: <i>When the Music's Over</i> Mohsin Hamid: <i>Exit West</i> Teju Cole: <i>Open City</i> Charles Spencer: <i>Prince Rupert</i> Edith Hahn-Beer: <i>The Nazi Officer's Wife</i>	Session II:	Ken McGoogan: <i>Lady Franklin's Revenge</i> Ayaan Hirsi Ali: <i>Infidel</i> Philip Kerr: <i>Prague Fatale</i> Jon Tattrie: <i>Cornwallis</i> Rosemary Sullivan: <i>Villa Air-Bel</i> Geraldine Brooks: <i>People of the Book</i>
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Maximum 30 members (Suite 110)



BRIDGE CONVENTIONS – OVERVIEW

Instructor: *Bruce Horne*

bjhorne@hotmail.com

<u>Session I</u>	Thursdays	Sep 13, 20, 27, Oct 4, 11, 18	10:00 - 12:00	\$48.00
<u>Session II</u>	Thursdays	Oct 25, Nov 1, 8, 15, 22, 29	10:00 - 12:00	\$48.00

There are bidding sequences where more clarity is desired than is available with natural bidding. A Convention is an artificial bid that replaces a natural bid, providing more information. In these 12 classes, you will be presented with the most important and popular conventions currently outstanding.

Maximum 24 members (Suite 500)



BRIDGE PRACTICE

Coordinators: *Dorothée Leblanc*
Edward Charters

Tel: (514) 933-3913
Tel: (514) 367-0487

leblancdot@hotmail.com

Tuesdays	ongoing	Sep 11	9:30 - 12:30	\$2.00
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All paid-up members of E.N.C.O.R.E. who are proficient in Standard American Bridge are encouraged to join this group to practice and meet other bridge players. The environment is cordial and the players are friendly and helpful.

PLEASE CONTACT ONE OF THE COORDINATORS IF YOU PLAN TO JOIN THE GROUP

(Also, please circle the space on the registration sheet.)

(Suite 500)



BRIDGE – SUPERVISED

Moderator: *Gilbert Starosta*

Tel: (514) 341-3893

learningtoplaybridge@gmail.com

<u>Session I</u>	Tuesdays	Sep 11, 18, 25, Oct 2, 9, 16	1:00 - 3:30	\$48.00
<u>Session II</u>	Tuesdays	Oct 23, 30, Nov 6, 13, 20, 27	1:00 - 3:30	\$48.00

These sessions are open to those who are already able to play bridge but sometimes need help when deciding what to bid, with what card to lead and have other queries when it comes to playing the hand. The atmosphere is relaxed and easy going. We all want to enjoy playing bridge. The use of professional bidding boxes will help you and the moderator know what has been bid, whose turn it is and help to keep the noise level down.

Maximum 24 members (Suite 110)

**CINÉ CLUB**

Moderator: Daniel Martel Tel: (450) 813-3290 dmvnpro@gmail.com

<u>Session I</u>	Fridays	Sep 14, 21, 28, Oct 5, 12, 19	1:00 - 3:00	\$48.00
<u>Session II</u>	Fridays	Oct 26, Nov 2, 9, 16, 23, 30	1:00 - 3:00	\$48.00

Important Reminders:

- Please note that the **Cine Club sessions start at 1:00 PM SHARP.**
- Please **TURN OFF YOUR CELLPHONE** during the movie.
- Please refrain from making **ANY NOISE** with: candy, sandwich, gum, wraps, plastic bags, etc.
- There will be **NO BREAK** during the movie.
- Please also note that the **SCHEDULED MOVIES MAY CHANGE WITHOUT NOTICE.**

Session I – FOOD. WINE. CHOCOLATE. BON APPÉTIT...

1. A Good Year (2006) - Max is a successful banker who inherits his uncle's vineyard in Provence, where he spent much of his childhood, intending on selling it quickly. Forced to stay over, he rediscovers a part of himself, along with a beautiful French woman from his past. Russell Crowe. Marion Cotillard. Albert Finney. Directed by Ridley Scott.

2. Julie & Julia (2009) - True stories of how Julia Child's (Meryl Streep) life and cookbook inspired fledgling writer Julie Powell (Amy Adams) to whip up 524 recipes in 365 days and introduce a new generation to the magic of French cooking. Directed by Nora Ephron.

3. Bottle Shock (2008) - The story of the early days of California wine-making featuring the now infamous, blind Paris wine tasting of 1976 that has come to be known as "Judgment of Paris". Allan Rickman. Chris Pine.

4. Chef (2014) - Refusing to compromise his creative integrity, Chef Casper quits his job at a prominent restaurant. Teaming up with his ex-wife to launch a food truck, he takes to the road with his son, going back to his roots to reignite his passion for the kitchen - and zest for life and love. Jon Favreau. Sofia Vergara. Dustin Hoffman. Directed by Jon Favreau.

5. The Hundred-Foot Journey (2014) - The story of an Indian family who moves to Southern France and opens a restaurant across a Michelin-starred French restaurant. Helen Mirren. Om Puri. Directed by Lasse Hallström.

6. Chocolat (2000) - A woman and her daughter open a chocolate shop in a small French village that shakes up the rigid morality of the community. Juliette Binoche. Judi Dench. Johnny Depp. Directed by Lasse Hallström.

Session II – JUDI DENCH - KENNETH BRANAGH

1. Murder on The Orient Express (2017) - Stylish, suspenseful and thrilling mystery based on the best-selling novel by Agatha Christie. Everyone's a suspect when a murder is committed on a lavish train ride, and a brilliant detective must race against time to solve the puzzle before the killer strikes again. Kenneth Branagh. Judi Dench. Johnny Depp. Directed by Branagh.

2. Her Majesty Mrs. Brown (1997) - Queen Victoria (Dench) was the world's most powerful woman. Rugged Scotsman John Brown (Billy Connolly) was a lowly servant who looked after her horses. But when circumstances brought them together, the result was a passionate friendship that scandalized a nation! Directed by John Madden.

3. Much Ado About Nothing (1993) - Adapted by Kenneth Branagh and featuring an all-star cast, this charming romp casts the battle of the sexes in the form of an elegant dance. The course of true love may yet run smooth! Kenneth Branagh. Emma Thompson. Michael Keaton. Directed by Branagh.

4. Skyfall (2012) - James Bond's loyalty to M is tested as her past comes back to haunt her. As MI6 comes under attack, 007 must track down and destroy the threat, no matter how personal the cost. With MI6 now compromised from both inside and out, M is left with one ally she can trust: Bond. Daniel Craig. Judi Dench. Directed by Sam Mendes.

5. Victoria and Abdul (2018) - Extraordinary true story of unexpected friendship in the later years of Queen Victoria's rule. When Abdul Karim, a young clerk, travels from India for the Queen's Golden Jubilee, he is surprised to find favour with the Queen herself. As the friendship deepens, she begins to see a changing world through new eyes and joyfully reclaims her humanity. Judi Dench. Ali Fazal. Directed by Stephen Frears.

6. How to Kill Your Neighbor's Dog (2000) - A once-successful playwright struggles to write another hit while his wife longs to get pregnant, a noisy dog won't quit barking, an eccentric stalker prowls the neighborhood, and a talented 8-year-old girl appears. Kenneth Branagh. Robin Wright. Directed by Michael Kalesniko.

Maximum 24 members (Suite 110)



COLE PORTER & HOAGY CARMICHAEL

Lecturer: *George B. Wall* Tel: (514) 487-9160 georgebwall@gmail.com

Session II **Fridays** **Oct 26, Nov 2, 9, 16, 23, 30** **10:00 - 12:00** **\$48.00**

This course will explore the lives and music of Cole Porter and Hoagy Carmichael, two of America's greatest and most influential songwriters. Both from the state of Indiana, and home-schooled in music, they went on to become towering figures in the history of popular song. Film and audio recordings of some of their most famous works, as well as some lesser known gems, will be on the program.

Maximum 30 members (Suite 110)



CREATIVE WRITING

Instructor: *Ellen Green* Tel: (514) 862-9848 tymadd@videotron.ca

Session I **Thursdays** **Sep 13, 20, 27, Oct 4, 11, 18** **10:00 - 12:00** **\$48.00**

Session II **Thursdays** **Oct 25, Nov 1, 8, 15, 22, 29** **10:00 - 12:00** **\$48.00**

Creative Writing is for anyone with a story to tell. In these two 6-week workshops you will be tapping into that creative individual existing inside. Some participants may have been writing for years while others are new to the craft. No matter your ability, the objective is to further develop your own natural writing style or simply improve on your existing one in an informal round table format. Ellen has many techniques and ideas to help bring out the best in your writing.

Maximum 15 members (Suite 110)



DOCUMENTARY FILM

Moderator: *Irene Angelico* Tel: (514) 574-8629 irene@dliproductions.ca

Session I **Fridays** **Sep 14, 21, 28, Oct 5, 12, 19** **1:00 - 3:00** **\$48.00**

Session II **Fridays** **Oct 26, Nov 2, 9, 16, 23, 30** **1:00 - 3:00** **\$48.00**

The documentary is a non-fiction film that "documents" reality in some way. Legend has it that the term was coined by our own John Grierson to describe what he called the "creative treatment of actuality." Others prefer Dziga Vertov's inducement for documentary to present "life as it is". Whether taking the form as cinema vérité, advocacy, or personal expression, the subject matter of documentary is as unlimited as the filmmaker's imagination. This course will present and explore the great documentaries, past and cutting edge, Canadian and international, in a celebration of this very exciting and so relevant film genre.

Maximum 45 members (Suite 500)



DRAWING ON THE RIGHT SIDE OF THE BRAIN

Instructor: *Deanne Hall-Habeeb* Tel: (514) 931-4550 hdeanne@gmail.com

Session I **Fridays** **Sep 14, 21, 28, Oct 5, 12, 19** **10:00 - 12:00** **\$48.00**

Some people have natural artistic talent; others acquire artistic skills. 'Drawing on the Right Side' shows how 'natural artists' naturally activate the right side of the brain and drawing becomes easy. This skill of switching to your right side can be learned and once you learn how to activate your artistic side (your right side), you will be able to draw **anything** you see. **Supplies:** Drawing pencils, sketchbook, eraser.

Maximum 20 members (Suite 500)



DRAWING WITH INK

Instructor: Deanne Hall-Habeeb Tel: (514) 931-4550 hdeanne@gmail.com

Session II Fridays Oct 26, Nov 2, 9, 16, 23, 30 10:00 - 12:00 \$48.00

In this session, we will use a brush pen. I have been using a brush pen, instead of pen & ink, for a few years. I have found a freedom and spontaneity in my drawings using this technique. Students will be shown the different techniques to use the brush pen to achieve lovely drawings. Come and try another tool for ink drawings. **Supplies:** Brush pen, pencils & sketchbook. The sketchbook can be the same one used for the drawing class. There are two choices of the brush pens available at Omer de Serres:

1. Pentel pen which comes with refillable cartridges and costs about \$25.00. I use this.
2. Sigma Brush pen which cannot be refilled but is only about \$4.00.

Maximum 20 members (Suite 500)



ELFI MEMORIAL WALKING GROUP

Moderators: Grace Thornley-Brown Tel: (514) 369-8628 or Maricca Chehade Tel: (514) 920-0601

Session I Fridays ongoing Sep 14 9:30 No charge

The Elfi Memorial Walking Group, named in honour of Elfi Vockathaler who started the group many years ago, will continue this fall on Friday mornings at 9:30 am, exploring many parks, woods and other very picturesque destinations in and around Montreal. All places are reachable by bus and/or metro. You must bring your lunch and water and, of course, wear comfortable walking shoes. **Please call one of the moderators for the first destination and meeting place.**

(Kindly circle the space on the registration form if you are interested in participating.)

Maximum 10 members (Off-Site)



GADGETS & GIZMOS

Instructor: Liz Perrin Tel: (514) 586-8106 liz@atwaterlibrary.ca

Session I Mondays Sep 10, 17, 24, Oct 1, 15, 22 10:00 - 12:00 \$48.00
(No class October 8 – Thanksgiving)

Session II Tuesdays Oct 30, Nov 6, 13, 20, 27, Dec 4 10:00 - 12:00 \$48.00

Bring your mobile device and develop your digital lifestyle. Learn the basics of setting up, navigating, and maintaining your device. Explore how your device can help keep you connected to news, information and the ones you love. Make the most of using your device, the way you want!

Maximum 20 members (Suite 110)



LINE DANCING

Instructor: Jocelyne Kwok Choon Tel: (438) 879-2396 jocelyne.kwok.choon@gmail.com

Session I Mondays Sep 10, 17, 24, Oct 1, 15, 22 4:00 - 5:30 \$48.00
(No class Oct 8 - Thanksgiving)

Session II Mondays Oct 29, Nov 5, 12, 19, 26, Dec 3 4:00 - 5:30 \$48.00

Line dancing is a great way to keep fit, healthy and have fun. The benefits of regular line dancing include a possible increase in flexibility, muscular strength, coordination and an improvement in bone health. Jocelyne, an experienced instructor who has worked with many groups, welcomes all new dancers to learn the steps to all types of music. And you don't need a partner! (Wear your most comfortable shoes but no running shoes.)

Maximum 20 members (Suite 500)



MASTERS OF CLASSIC AMERICAN MUSICALS (THE)

Lecturer: Cynthia Jones Tel: (514) 797-6663 cjones.bwma@gmail.com

Session I **Thursdays** **Sep 13, 20, 27, Oct 4, 11, 18** **1:00 - 3:00** **\$48.00**

Starting with George M. Cohan, we will be looking at the contributors to the development of the Classic American Musical Theatre such as Jerome Kern, Richard Rogers and Lorenz Hart, Richard Rogers and Oscar Hammerstein, Ira Gershwin and George Gershwin and many more. We will examine their development as artists, their contributions to the development of the Musical through listening to their songs and watching scenes from their shows.

Maximum 30 members (Suite 110)



MASTERS OF MODERN AMERICAN MUSICALS (THE)

Lecturer : Cynthia Jones Tel : (514) 797-6663 cjones.bwma@gmail.com

Session II **Thursdays** **Oct 25, Nov 1, 8, 15, 22, 29** **1:00 - 3:00** **\$48.00**

Starting with Leonard Bernstein, we will be looking at the contributors to the development of the Modern American Musical Theatre such as Stephen Sondheim, Stephen Schwartz, Andrew Lloyd Webber, John Kander and Fred Ebb, Alan Menken and many more. We will examine their development as artists, their contributions to the development of the Musical through listening to their songs and watching scenes from their shows.

Maximum 30 members (Suite 110)



MONTREAL ARCHITECTURE

Lecturer: Claire Adamson Tel: (514) 935-1608 adamsonclaire7@gmail.com

Session I **Tuesdays** **Sep 11, 18, 25, Oct 2, 9, 16** **10:00 - 12:00** **\$48.00**

The architecture of Montreal, is characterized by the juxtaposition of the old and the new and a wide variety of architectural styles, the legacy of two successive colonizations by the French, the British, and the emergence of modern architecture.

- September 11: Montreal Wildlife, First Inhabitants and Forts
- September 18: Fire and Construction By-laws
- September 25: Greystones and the Golden Square Mile
- October 2: Neo-Classical Style
- October 9: Modern Architecture, Expo 67, Zoning
- October 16: Sustainability, Green Belts and the Reseau Electrique de Montreal

Maximum 30 members (Suite 110)



MONTREAL THEATRE

Instructor: Donna Davidson Tel: (514) 739-5744 donnadavidson35@gmail.com

This course is designed to familiarize the participants with current Montreal English theatre. Although primarily a play reading course, all necessary background information will be given to enhance the understanding and appreciation of the plays. We will have speakers – actors, directors or playwrights – directly involved in Montreal theatre productions and will organize group theatre excursions. Maximum 45 members (Suite 500)

Session I **Mondays** **Sep 17, 24, Oct 1, 15, 22, 29** **10:00 - 12:00** **\$48.00**
 (No class October 8 – Thanksgiving)

PLAYS:

1. *Choir Boy* by Tarell A. McCraney - The Centaur Theatre
2. *Once* [a musical] based on a book by Edna Walsh - The Segal Centre
3. *Abigail* by Roberto Aguirre-Sacasa - Persephone Productions
4. *La Somnabule* - based on the novel **Nightwood** by Djuna Barnes - adapted by Joseph Schragge and R. Collett
5. *Voices of Montreal* - based on Shakespeare's sonnets - production by Infinite Theatre with McGill Eng. Dept
6. *Other People's Children* by Hannah Moscovitch - Imago Theatre

SPEAKERS:

1. Jim Burke - Gazette Theatre Critic, playwright
2. Jane Wheeler - actress - *The Savannah Sipping Society, The Graduate, Innocence Lost*
3. Guy Sprung - playwright and director of *Fight On*, Artistic Director of Infinite Theatre
4. Donna Byrne - director - *The Love Potion, The Great Gatsby*

Session II **Mondays** **Nov 5, 12, 19, 26, Dec 3, 10** **10:00 - 12:00** **\$48.00**

PLAYS:

1. *Birthmark* by Stephen Orlov - Teesri Duniya Productions
2. *The Children* by Lucy Kirkwood - The Centaur Theatre
3. *The Tashme Project: The Living Archives* - Tashme Productions - Centaur Theatre's Brave New Works
4. *A Doll's House Part 2* - by Lucas Hnath - The Segal Centre
5. *Old Stock: A Refugee Love Story* by Hannah Moscovith - The Segal Centre

SPEAKERS:

1. Stephen Orlov - playwright - *Birthmark*
2. Julie Tamiko Manning - playwright - *The Tashme Project* - actress - *The Butcher, Innocence Lost*
3. Alex Petrachuk - actress - *La Somnabule, The Compleat Female Stage Beauty, Moby Dick*
4. Chris Moore - director - *Abigail* - [many other plays] - Artistic Director of Persephone Productions
5. Micheline Chevrier - director of *Other People's Children* [other plays] - Artistic Director of Imago Theatre



MONTREAL TOURS

Session I **Wednesdays** **Sep 12, 19, 26, Oct 3, 10, 17** **10:00 - 12:00** **\$48.00**

Due to the continued success of the tours offered in past sessions, we have once again organized guided walking tours to different areas in the city. All tours begin at **10:00 am** at the destination point in the description. Please wear comfortable shoes, sun hats, sunglasses for walking tours of at least 1 1/2 hours. Don't forget to bring water. (There may be stops for a coffee during some of the outings).

Maximum 20 members (Off-Site)

September 12: Milton Park **Guide: Harvey Levinson, M.A.**

We will meet in front of the McCord Museum, 690 Sherbrooke Street West (McGill metro stop). The tour will end in front of Royal Victoria College, corner of Sherbrooke & University streets. This walking tour will point out how the district evolved from pastoral countryside to a predominantly anglophone middle class suburb, to a vibrant student ghetto. Interesting styles of architecture and noteworthy residents will be highlighted.

September 19: St-Henri

Guide: *Diane Gagné*

We will meet inside at the Metro Station Place Saint-Henri at 10:00. We will learn about the history, the foundation of the village Saint-Henri des Tanneries, and the annexation to Montréal in 1905. We will look at old factory buildings, witnesses of the Industrial past of Saint-Henri and the interesting public art works. We will walk around two beautiful parks, Place Saint-Henri and the Sir George Etienne Cartier park as we observe beautiful bourgeois houses and working-class row housing along the way. Finally, we will walk along the Lachine Canal and the tour will end at the Atwater Market, at noon, 2 blocks away from Metro Station Lionel Groulx.

September 26: Mount-Royal-Cemetery

Guide: *Myriam Cloutier*

Myriam Cloutier, Director of Heritage Programs at Mount Royal Cemetery will take you on a two-hour guided tour of the Cemetery to talk about the remarkable history of this final resting place of more than 200,000 people, commenting on the most famous people buried there such as fur traders, famous politicians, renowned Montreal businessmen, veterans of the Great War and victims of historical tragedies like the Titanic. The Cemetery is also a beautiful arboretum with more than 100 species of trees. The tour will start at the Cemetery's north entrance at 1297 Chemin de la Forêt, Outremont. Parking is available in the Cemetery or on the street outside the main gates. Public Transportation: Bus 11 (Mount Royal Park) or Edouard Montpetit Metro.

October 3: Shaughnessy Village

Guide: *Claire Adamson*

We will start at E.N.C.O.R.E, 1857 Maisonneuve West, on the northeast corner of St. Marc and Maisonneuve West. Learn about the history of heritage buildings, Quartier 21, an endangered urban forest, Shaughnessy Park, Union sur le Parc public parks, Children's Square. The tour ends at Cabot Square near the Atwater Metro.

October 10: Point-St-Charles

Guide: *Vivien Freedman*

Meeting place is in front of Charlevoix Metro (Green line) Exit on Centre Street." Come and walk through the streets of Point-St-Charles, Montreal's oldest working-class neighbourhood. Discover the landmarks and points of interests and learn about the rich history of its past, the successful pro-active community groups fighting for the improvement of living conditions, and the inevitable gentrification transformation of the neighbourhood. The tour ends near Maison St-Gabriel museum (2146 Place Dublin). If you intend to visit the museum afterwards, there are special rates for seniors and for those presenting their Montreal access card.)

October 17: Westmount - Evolution of Cote-Saint-Antoine Road

Guide: *Ruth Rigby*

We will meet at Westmount City Hall, 4333 Sherbrooke St. West at Redfern (bus 24) 10:00 am. This walk will follow the story of Côte-Saint-Antoine Road from its origin as an Indian trail to the present day. Along the way we will discuss the early French families who were deeded concessions of land along the Côte by the Sulpician fathers. Later in the 19th century, British merchants purchased these farmlands for their country estates. This walk will conclude with a description of the road's heritage buildings as they appear today. We will finish at the Hurtubise Farm - Victoria /Cote Saint-Antoine. I will take people down to Sherbrooke Street to get the metro - Vendome or buses along Sherbrooke.



SINATRA

Lecturer:

George B. Wall

Tel: (514) 487-9160

georgebwall@gmail.com

Session I

Fridays

Sep 14, 21, 28, Oct 5, 12, 19

10:00 - 12:00

\$48.00

The Voice, Ol' Blue Eyes, The Chairman of the Board -- each nickname was representative of a period in the astonishing career of Francis Albert Sinatra. One of the most popular and influential musicians of all time, his life story is as compelling as his music. This course will use film and audio recordings to appreciate the many facets of his acting and singing careers.



SIX MORE TURNING POINTS IN HISTORY

Lecturer: Neil Cameron Tel: (514) 484-3857 neilhistor@gmail.com

Session II Thursdays Oct 25, Nov 1, 8, 15, 22, 29 1:00 - 3:00 \$48.00

Six more moments in which a single human choice, a single encounter of individuals, a battlefield or laboratory surprise, all can direct men and women on a much different course than everything preceding would imply, and understanding such instances gives a deeper and better sense of the whole nature of the past and how we make sense of it. This second group of lectures on this theme looks at two deflection points in the American and French Revolutions; Napoleon's death; the 1840s revolutions in Rome; the new geometry and Victorian thought; and a flashpoint in the imperial struggle in Africa. A ten-item bibliography will be provided for convenient reference or further study, but lecture attendees are not required or expected to make use of it.

- October 25: Common Sense and its Impact
- November 1: The Assault on Traditional Clerisy in the French Revolution
- November 8: The Death of Napoleon
- November 15: A Pope Caught in Revolution
- November 22: Non-Euclidean Geometry Puts All in Doubt
- November 29: Gordon at Khartoum

Maximum 45 members (Suite 500)



SIX TURNING POINTS IN HISTORY

Lecturer : Neil Cameron Tel : (514) 484-3857 neilhistor@gmail.com

Session I Thursdays Sep 13, 20, 27, Oct 4, 11, 18 1:00 - 3:00 \$48.00

There are many moments in which a single human choice, a single encounter of individuals, a battlefield or laboratory surprise, all can direct men and women on a much different course than everything preceding would imply, and understanding such instances gives a deeper and better sense of the whole nature of the past and how we make use of it. This is the first of two groups of lectures on this theme, looking at such moments in the 16th century Reformation, English 17th century revolution, and 18th century divisions between dissenting, scientific, and radical thought and tradition., scientific ideas, and parliamentary sovereignty against tradition. A ten-item bibliography will be provided for convenient reference or further study, but lecture attendees are not required or necessarily expected to make use of it.

- September 13: Luther and the Peasants
- September 20: The End of Bruno
- September 27: The Escape of a Stuart Pretender
- October 4: The Murder of Godfrey
- October 11: Priestley against Burke
- October 18: Wilkes and Liberty

Maximum 45 members (Suite 500)



STORIES OF INDIA

Lecturer: Amrita Choudhury Tel: (514) 768-9711 a_choud@hotmail.com

Session I Wednesdays Sep 12, Oct 10, 17 1:00 - 3:00 \$24.00

Session II Wednesdays Oct 24, Oct 31, Nov 7, 14, 21, 28 1:00 - 3:00 \$48.00

After a fruitful winter session on Indian culture and spirituality, Amrita is delighted to offer a class that traces the richness and diversity of India, its people & culture throughout the past thousands of years. Through lectures, inter-active discussions, documentary films and demonstrations, we will explore the beginnings through the ancient lost cities in

Pakistan, through the backwaters of South India, voyage through India's independence, arriving to present day modern India; highlighting Indian art, culture, spirituality and history. This is a 2-part course where part 1 continues onto part 2.
Maximum 30 members (Suite 110)



TAI-CHI (7 classes in each session)
 Instructor: Colin Young Tel: (438) 395-6099 taichiyoung@msn.com

<u>Session I</u>	Tuesdays	Sep 11, 18, 25, Oct 2, 9, 16, 23	Basic	2:00 - 3:00	\$48.00
			Intermediate	3:15 - 4:15	\$48.00
	Wednesdays	Sep 12, 19, 26, Oct 3, 10, 17, 24		11:15 - 12:15	\$48.00
<u>Session II</u>	Tuesdays	Oct 30, Nov 6, 13, 20, 27, Dec 4, 11	Basic	2:00 - 3:00	\$48.00
			Intermediate	3:15 - 4:15	\$48.00
	Wednesdays	Oct 31, Nov 7, 14, 21, 28, Dec 5, 12		11:15 - 12:15	\$48.00

Should you be concerned about your balance or have a fear of falling, Tai-Chi is the perfect program to help improve your balance and prevent such accidents. The gentle and graceful movements will increase your flexibility, help reduce pain and calm your spirit.
Maximum 18 members (Suite 500)



**TRIALS AND TRIBULATIONS:
 A JOURNEY THROUGH THE CANADIAN CRIMINAL JUSTICE SYSTEM**

Lecturer: Deanna Barwick-Wall Tel: (514) 487-9160 deannabarwick@yahoo.com

<u>Session II</u>	Mondays	Oct 29, Nov 5, 12, 19, 26, Dec 3	10:00 - 12:00	\$48.00
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With the apprehension, prosecution, and defense of an accused charged with a criminal offense and if the accused is found not guilty at trial, that is the end of their involvement with our country's criminal law enforcement system. However, if convicted, the journey continues on to a sentencing phase, then probable incarceration as punishment or perhaps to an appeal, resulting in a new trial or a conviction being overturned. These six weeks will be based on a recent case and will cover one man's experience with the system. Issues covered include a discussion of each stage mentioned above as well as the legal rights of the accused, the responsibilities and roles of the prosecution, defense, judge and jury towards both the accused and the victim. We will also examine whether the administration of Canadian justice really is blindfolded, whether our system metes out equitable treatment to all, whether it is characterized by fairness regardless of an accused's age, social position or heritage. Paul Carignan, guest lecturer for a November session, will discuss Canada's Criminal Justice System's relationship to First Nations and Metis Canadians. His presentation will undoubtedly shed light on these important topical equity issues.
Maximum 30 members (Suite 110)



YOGA (7 classes in each session)
 Instructor: Shizuyo Okada Tel: (514) 756-0952 okadashizuyo@gmail.com

<u>Session I</u>	Mondays	Sep 10, 17, 24, Oct 1, 15, 22, 29 (No class Oct 8 - Thanksgiving)	Class I - Gentle	12:30 - 1:30	\$48.00
			Class II - Dynamic	1:45 - 2:45	\$48.00
	Wednesdays	Sep 12, 19, 26, Oct 3, 10, 17, 24		10:00 - 11:00	\$48.00
<u>Session II</u>	Mondays	Nov 5, 12, 19, 26, Dec 3, 10, 17	Class I - Gentle	12:30 - 1:30	\$48.00
			Class II - Dynamic	1:45 - 2:45	\$48.00
	Wednesdays	Oct 31, Nov 7, 14, 21, 28, Dec 5, 12		10:00 - 11:00	\$48.00

Class I: (Gentle Hatha) A well rounded experience that includes very slow movements concentrating on the breath and stress reduction, opening the hips and relaxing the spine. The focus is on long stretches and flexibility, with slow, deep breathing. This can be very soothing for the mind.

All classes take place at 1857 de Maisonneuve Blvd West

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Class II: (Dynamic Hatha) A classical series of asanas (postures), rhythmic breathing techniques and guided relaxation to promote muscular strength, endurance and the release of physical tension and stress. Some yoga experience necessary.

(YOGA MAT REQUIRED)

Maximum 15 members

(Suite 500)